



Item	Portion	Nutritional Information															Allergens
		Total Calories	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Total Carbohydrate (G)	Dietary Fiber (G)	Total Sugars (G)	Added Sugars (G)	Protein (G)	Vitamin D (UG)	Calcium (MG)	Iron (MG)	Potassium (MG)	
<b>BREAKFAST</b>																	
Chicken Tender Biscuit	1 each (144g)	370	16	9	0	20	1110	4	1	4	1	14	0	80	2.7	0	Wheat, Eggs, Milk, Soy
Sausage Biscuit	1 each (144g)	490	34	16	0	40	1270	36	1	4	2	11	0	80	2.6	95	Wheat, Milk
Sausage Egg Cheese Biscuit	1 each (206g)	610	43	20	0	170	1770	38	1	5	2	18	0.1	190	3.6	135	Wheat, Eggs, Milk, Soy
Smoked Sausage Biscuit	1 each (144g)	420	25	13	0	35	1340	38	1	4	1	12	0	90	2.9	110	Wheat, Milk
Bacon Egg Cheese Burrito	1 each (260g)	520	27	12	1	50	1220	38	1	1	0	32	2.2	290	4	370	Wheat, Milk, Eggs
Chicken Egg Cheese Burrito	1 each (289g)	560	25	10	1	60	1170	47	1	2	0	37	2.1	320	4.4	250	Wheat, Eggs, Milk, Soy
Sausage Egg Cheese Burrito	1 each (266g)	560	35	13	0.5	50	1130	37	1	2	1	26	1.9	160	4.1	320	Wheat, Milk, Eggs
Biscuits and Gravy	1 each (402g)	830	48	23	0	35	2570	85	2	6	2	17	0	100	4.8	310	Wheat, Milk
Catfish	2 each (300g)	600	35	6	0	100	1880	36	0	0	0	36	0	0	1.4	0	Wheat, Eggs, Milk, Fish, Soy
Cheese Grits	1 each (113g)	70	1	0	0	0	250	15	1	0	0	2	0	0	0.5	0	Milk, Soy
Scrambled Eggs	1 each (119g)	90	4	0.5	0.5	0	260	2	0	0	0	12	2	0	1.8	190	Eggs
Grits	1 each (113g)	70	1	0	0	0	260	16	1	0	0	2	0	0	0.5	0	Soy
Egg Casserole (small)	1 each (113g)	240	20	6	0	200	590	3	0	1	0	12	1	60	1.3	140	Eggs, Milk, Soy
Egg Casserole (large)	1 each (226g)	470	39	12	0	405	1180	5	0	2	0	24	2.1	120	2.7	280	Eggs, Milk, Soy
3 Chicken Tenders	1 each (280g)	510	21	3	0	110	1190	35	1	3	0	46	0	120	2.4	0	Wheat, Eggs, Soy
5 Chicken Tenders	1 each (453g)	850	36	5	0	185	1990	59	2	5	0	76	0	200	4	0	Wheat, Eggs, Soy
8 Chicken Tenders	1 each (725g)	1370	57	8	0	295	3190	95	4	8	0	122	0	320	6.4	0	Wheat, Eggs, Soy
Chicken Tender Sandwich	1 each (280g)	580	27	4.5	0	75	1410	56	7	10	4	35	0	180	4	140	Wheat, Eggs, Milk, Fish, Soy
Spicy Chicken Tender Sandwich	1 each (311g)	660	34	8	0	105	1680	51	6	9	3	43	0.1	320	3.6	125	Wheat, Eggs, Milk, Fish, Soy
Biscuit	1 each (87g)	260	11	8	0	0	840	35	1	3	1	5	0	50	2.2	0	Wheat, Milk
Bacon	2 each (30g)	80	7	2	0	15	330	0	0	0	0	5	0	0	0.2	80	
Sausage Patty	1 each (39g)	170	16	6	0	30	310	1	0	1	1	4	0	20	0.3	65	
Smoked Sausage	1 each (56g)	160	14	4.5	0	35	510	3	0	1	0	7	0	40	0.7	110	
Comed Beef Hash	1 each (113g)	250	17	7	0.5	35	680	16	1	1	1	8	0	10	1	260	
Hash Brown	2 each (130g)	160	12	2.5	0	0	220	12	1	0	0	1	0	0	0	0	Soy
Sausage Gravy	1 each (113g)	160	13	3.5	0	20	460	7	0	0	0	4	0	0	0.2	160	Wheat, Milk
White Bread	1 each (42g)	100	1	0	0	0	200	19	4	2	2	5	0	290	2.1	55	Wheat, Milk, Eggs
<b>SWEETS</b>																	

<b>Brownie</b>	<b>1 each (113g)</b>	<b>440</b>	<b>21</b>	<b>6</b>	<b>0</b>	<b>85</b>	<b>240</b>	<b>62</b>	<b>2</b>	<b>39</b>	<b>0</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>2.7</b>	<b>0</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>Brookie</b>	<b>1 each (113g)</b>	<b>470</b>	<b>27</b>	<b>14</b>	<b>0.5</b>	<b>115</b>	<b>330</b>	<b>55</b>	<b>2</b>	<b>27</b>	<b>25</b>	<b>7</b>	<b>0</b>	<b>60</b>	<b>4</b>	<b>4</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>Triple Chocolate Cookie</b>	<b>1 each (128g)</b>	<b>460</b>	<b>16</b>	<b>7</b>	<b>0</b>	<b>45</b>	<b>310</b>	<b>79</b>	<b>2</b>	<b>27</b>	<b>0</b>	<b>6</b>	<b>0</b>	<b>26</b>	<b>7.2</b>	<b>210</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>Reese's Peanut Butter Cup Cookie</b>	<b>1 each (128g)</b>	<b>580</b>	<b>41</b>	<b>19</b>	<b>0</b>	<b>40</b>	<b>330</b>	<b>59</b>	<b>5</b>	<b>35</b>	<b>0</b>	<b>14</b>	<b>52</b>	<b>3.6</b>	<b>0</b>	<b>0</b>	<b>Wheat, Eggs, Milk, Soy, Peanuts</b>
<b>LUNCH</b>																	
<b>Chicken Tender Sandwich</b>	<b>1 each (280g)</b>	<b>580</b>	<b>27</b>	<b>4.5</b>	<b>0</b>	<b>75</b>	<b>1410</b>	<b>56</b>	<b>7</b>	<b>10</b>	<b>4</b>	<b>35</b>	<b>0</b>	<b>180</b>	<b>4</b>	<b>140</b>	<b>Wheat, Eggs, Milk, Fish, Soy</b>
<b>Spicy Chicken Tender Sandwich</b>	<b>1 each (311g)</b>	<b>660</b>	<b>34</b>	<b>8</b>	<b>0</b>	<b>105</b>	<b>1680</b>	<b>51</b>	<b>6</b>	<b>9</b>	<b>3</b>	<b>43</b>	<b>0.1</b>	<b>320</b>	<b>3.6</b>	<b>125</b>	<b>Wheat, Eggs, Milk, Fish, Soy</b>
<b>3 Chicken Tenders</b>	<b>1 each (280g)</b>	<b>510</b>	<b>21</b>	<b>3</b>	<b>0</b>	<b>110</b>	<b>1190</b>	<b>35</b>	<b>1</b>	<b>3</b>	<b>0</b>	<b>46</b>	<b>0</b>	<b>120</b>	<b>2.4</b>	<b>0</b>	<b>Wheat, Eggs, Soy</b>
<b>5 Chicken Tenders</b>	<b>1 each (453g)</b>	<b>850</b>	<b>36</b>	<b>5</b>	<b>0</b>	<b>185</b>	<b>1990</b>	<b>59</b>	<b>2</b>	<b>5</b>	<b>0</b>	<b>76</b>	<b>0</b>	<b>200</b>	<b>4</b>	<b>0</b>	<b>Wheat, Eggs, Soy</b>
<b>8 Chicken Tenders</b>	<b>1 each (725g)</b>	<b>1370</b>	<b>57</b>	<b>8</b>	<b>0</b>	<b>295</b>	<b>3190</b>	<b>95</b>	<b>4</b>	<b>8</b>	<b>0</b>	<b>122</b>	<b>0</b>	<b>320</b>	<b>6.4</b>	<b>0</b>	<b>Wheat, Eggs, Soy</b>
<b>8 Count Chicken Nuggets</b>	<b>1 each (147g)</b>	<b>300</b>	<b>14</b>	<b>2</b>	<b>0</b>	<b>40</b>	<b>880</b>	<b>28</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>16</b>	<b>0</b>	<b>0</b>	<b>1.3</b>	<b>190</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>12 Count Chicken Nuggets</b>	<b>1 each (295g)</b>	<b>610</b>	<b>28</b>	<b>4</b>	<b>0</b>	<b>80</b>	<b>1770</b>	<b>57</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>33</b>	<b>0</b>	<b>0</b>	<b>2.7</b>	<b>380</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>Mac &amp; Cheese (small)</b>	<b>1 each (113g)</b>	<b>480</b>	<b>26</b>	<b>14</b>	<b>0</b>	<b>145</b>	<b>1160</b>	<b>42</b>	<b>3</b>	<b>4</b>	<b>0</b>	<b>27</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>Wheat, Milk</b>
<b>Mac &amp; Cheese (large)</b>	<b>1 each (226g)</b>	<b>960</b>	<b>46</b>	<b>28</b>	<b>0</b>	<b>290</b>	<b>2330</b>	<b>84</b>	<b>6</b>	<b>8</b>	<b>0</b>	<b>54</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>Wheat, Milk</b>
<b>Fried Okra (small)</b>	<b>1 each (100g)</b>	<b>220</b>	<b>14</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>350</b>	<b>21</b>	<b>1</b>	<b>2</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>40</b>	<b>1</b>	<b>125</b>	<b>Soy</b>
<b>Fried Okra (large)</b>	<b>1 each (200g)</b>	<b>440</b>	<b>28</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>700</b>	<b>42</b>	<b>2</b>	<b>4</b>	<b>0</b>	<b>6</b>	<b>0</b>	<b>80</b>	<b>2</b>	<b>250</b>	<b>Soy</b>
<b>Potato Logs (5)</b>	<b>5 each (297g)</b>	<b>710</b>	<b>36</b>	<b>5</b>	<b>0</b>	<b>1</b>	<b>1780</b>	<b>88</b>	<b>7</b>	<b>7</b>	<b>0</b>	<b>10</b>	<b>0</b>	<b>220</b>	<b>2.7</b>	<b>720</b>	<b>Wheat, Eggs, Soy</b>
<b>Corn Dog</b>	<b>1 each (112g)</b>	<b>300</b>	<b>15</b>	<b>4</b>	<b>0</b>	<b>35</b>	<b>510</b>	<b>32</b>	<b>1</b>	<b>10</b>	<b>10</b>	<b>9</b>	<b>0</b>	<b>30</b>	<b>1.6</b>	<b>290</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>Egg Roll</b>	<b>1 each (85g)</b>	<b>180</b>	<b>9</b>	<b>2.5</b>	<b>0</b>	<b>10</b>	<b>490</b>	<b>20</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>7</b>	<b>0</b>	<b>30</b>	<b>1.6</b>	<b>230</b>	<b>Wheat, Eggs, Fish, Soy</b>
<b>Yeast Roll</b>	<b>1 each (45g)</b>	<b>150</b>	<b>5</b>	<b>1</b>	<b>0</b>	<b>10</b>	<b>260</b>	<b>23</b>	<b>1</b>	<b>4</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0.7</b>	<b>0</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>White Bread</b>	<b>1 each (42g)</b>	<b>100</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>200</b>	<b>19</b>	<b>4</b>	<b>2</b>	<b>2</b>	<b>5</b>	<b>0</b>	<b>290</b>	<b>2.1</b>	<b>55</b>	<b>Wheat, Milk, Eggs</b>
<b>Pork Chop</b>	<b>1 each (136g)</b>	<b>360</b>	<b>31</b>	<b>10</b>	<b>0</b>	<b>80</b>	<b>60</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>19</b>	<b>0</b>	<b>0</b>	<b>1.1</b>	<b>400</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>Catfish</b>	<b>2 each (300g)</b>	<b>600</b>	<b>35</b>	<b>6</b>	<b>0</b>	<b>100</b>	<b>1880</b>	<b>36</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>36</b>	<b>0</b>	<b>0</b>	<b>1.4</b>	<b>0</b>	<b>Wheat, Eggs, Milk, Fish, Soy</b>
<b>Livers</b>	<b>1 each (136g)</b>	<b>240</b>	<b>13</b>	<b>2.5</b>	<b>0</b>	<b>400</b>	<b>370</b>	<b>10</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>21</b>	<b>0</b>	<b>40</b>	<b>11</b>	<b>260</b>	<b>Wheat, Eggs, Soy</b>
<b>Gizzards</b>	<b>1 each (136g)</b>	<b>220</b>	<b>10</b>	<b>1.5</b>	<b>0</b>	<b>275</b>	<b>430</b>	<b>12</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>21</b>	<b>0</b>	<b>50</b>	<b>3.2</b>	<b>270</b>	<b>Wheat, Eggs, Soy</b>
<b>Collard Greens</b>	<b>1 each (113g)</b>	<b>30</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>490</b>	<b>5</b>	<b>3</b>	<b>1</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>100</b>	<b>1</b>	<b>85</b>	<b>Soy</b>
<b>Bone-In Chicken (Leg)</b>	<b>1 each (133g)</b>	<b>300</b>	<b>25</b>	<b>6</b>	<b>0</b>	<b>105</b>	<b>95</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>18</b>	<b>0.1</b>	<b>10</b>	<b>0.5</b>	<b>230</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>Bone-In Chicken (Thigh)</b>	<b>1 each (212g)</b>	<b>490</b>	<b>39</b>	<b>10</b>	<b>0</b>	<b>190</b>	<b>160</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>32</b>	<b>0.2</b>	<b>10</b>	<b>1.3</b>	<b>390</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>Mashed Potatoes (small)</b>	<b>1 each (113g)</b>	<b>160</b>	<b>10</b>	<b>6</b>	<b>0</b>	<b>25</b>	<b>430</b>	<b>15</b>	<b>2</b>	<b>1</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>50</b>	<b>0.3</b>	<b>360</b>	<b>Milk</b>
<b>Mashed Potatoes (large)</b>	<b>1 each (226g)</b>	<b>310</b>	<b>19</b>	<b>12</b>	<b>0</b>	<b>50</b>	<b>860</b>	<b>30</b>	<b>3</b>	<b>2</b>	<b>0</b>	<b>5</b>	<b>0</b>	<b>100</b>	<b>0.5</b>	<b>720</b>	<b>Milk</b>
<b>Brown Gravy</b>	<b>1 each (56g)</b>	<b>20</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>350</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>Wheat, Soy</b>
<b>White Bread</b>	<b>1 each (42g)</b>	<b>100</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>200</b>	<b>19</b>	<b>4</b>	<b>2</b>	<b>2</b>	<b>5</b>	<b>0</b>	<b>290</b>	<b>2.1</b>	<b>55</b>	<b>Wheat, Milk, Eggs</b>
<b>Whiting</b>	<b>1 each (124g)</b>	<b>180</b>	<b>9</b>	<b>1</b>	<b>0</b>	<b>50</b>	<b>240</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>21</b>	<b>0</b>	<b>60</b>	<b>1.3</b>	<b>0</b>	<b>Wheat, Eggs, Milk, Fish, Soy</b>
<b>Green Beans (small)</b>	<b>1 each (113g)</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>690</b>	<b>4</b>	<b>2</b>	<b>2</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>20</b>	<b>0</b>	<b>0</b>	
<b>Green Beans (large)</b>	<b>1 each (226g)</b>	<b>40</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1390</b>	<b>8</b>	<b>4</b>	<b>4</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>40</b>	<b>0</b>	<b>0</b>	
<b>Ox Tails</b>	<b>1 each (226g)</b>	<b>540</b>	<b>41</b>	<b>16</b>	<b>0</b>	<b>145</b>	<b>600</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>42</b>	<b>0</b>	<b>0</b>	<b>3.5</b>	<b>510</b>	<b>Wheat, Soy</b>

<b>White Rice</b>	<b>1 each (113g)</b>	<b>130</b>	<b>2</b>	<b>1.5</b>	<b>0</b>	<b>5</b>	<b>270</b>	<b>25</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>10</b>	<b>1.4</b>	<b>35</b>	<b>Milk</b>
<b>Peach Cobbler</b>	<b>1 each (113g)</b>	<b>230</b>	<b>8</b>	<b>4</b>	<b>0</b>	<b>5</b>	<b>210</b>	<b>38</b>	<b>1</b>	<b>22</b>	<b>19</b>	<b>2</b>	<b>0</b>	<b>7</b>	<b>1</b>	<b>80</b>	<b>Wheat</b>
<b>She-Crab Soup</b>	<b>1 each (123g)</b>	<b>180</b>	<b>14</b>	<b>7</b>	<b>0</b>	<b>55</b>	<b>380</b>	<b>7</b>	<b>0</b>	<b>4</b>	<b>0</b>	<b>6</b>	<b>0.9</b>	<b>90</b>	<b>0.3</b>	<b>110</b>	<b>Wheat, Milk, Fish, Crustaceans, Soy</b>
<b>Chicken Noodle Soup</b>	<b>1 each (123g)</b>	<b>80</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>25</b>	<b>920</b>	<b>13</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0.8</b>	<b>0</b>	<b>Eggs, Soy, Wheat</b>
<b>Red Pepper Gouda Soup</b>	<b>1 each (123g)</b>	<b>140</b>	<b>10</b>	<b>4</b>	<b>0</b>	<b>20</b>	<b>420</b>	<b>8</b>	<b>2</b>	<b>6</b>	<b>2</b>	<b>3</b>	<b>0.1</b>	<b>80</b>	<b>0.5</b>	<b>260</b>	<b>Milk, Soy, Wheat</b>
<b>Potato Bacon Soup</b>	<b>1 each (123g)</b>	<b>130</b>	<b>5</b>	<b>1.5</b>	<b>0</b>	<b>10</b>	<b>880</b>	<b>19</b>	<b>2</b>	<b>2</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>370</b>	<b>Milk, Soy, Wheat</b>
<b>Italian Wedding with Meatballs Soup</b>	<b>1 each (123g)</b>	<b>110</b>	<b>4</b>	<b>1.5</b>	<b>0</b>	<b>10</b>	<b>740</b>	<b>13</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>5</b>	<b>0</b>	<b>30</b>	<b>0.9</b>	<b>150</b>	<b>Wheat, Eggs, Milk, Soy</b>
<b>Field Peas</b>	<b>1 each (141g)</b>	<b>130</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>790</b>	<b>25</b>	<b>8</b>	<b>1</b>	<b>0</b>	<b>11</b>	<b>0</b>	<b>26</b>	<b>1.8</b>	<b>0</b>	
<b>Baked Spaghetti</b>	<b>1 each (228g)</b>	<b>330</b>	<b>15</b>	<b>6</b>	<b>0.5</b>	<b>50</b>	<b>830</b>	<b>30</b>	<b>1</b>	<b>7</b>	<b>2</b>	<b>18</b>	<b>0</b>	<b>200</b>	<b>3</b>	<b>290</b>	<b>Wheat, Milk, Soy</b>
<b>Beef Stew</b>	<b>1 each (226g)</b>	<b>180</b>	<b>7</b>	<b>2</b>	<b>0</b>	<b>40</b>	<b>1490</b>	<b>17</b>	<b>2</b>	<b>1</b>	<b>0</b>	<b>14</b>	<b>0</b>	<b>30</b>	<b>1.2</b>	<b>410</b>	<b>Wheat, Soy</b>
<b>Shrimp Gumbo</b>	<b>1 each (226g)</b>	<b>370</b>	<b>21</b>	<b>7</b>	<b>0</b>	<b>235</b>	<b>1080</b>	<b>6</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>38</b>	<b>0</b>	<b>90</b>	<b>2.2</b>	<b>10</b>	<b>Wheat, Milk, Crustaceans</b>
<b>Shrimp with Sauce</b>	<b>1 each (226g)</b>	<b>400</b>	<b>25</b>	<b>8</b>	<b>0</b>	<b>250</b>	<b>1240</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>39</b>	<b>0.8</b>	<b>90</b>	<b>2.9</b>	<b>140</b>	<b>Wheat, Milk, Crustaceans</b>
<b>Grits</b>	<b>1 each (113g)</b>	<b>70</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>260</b>	<b>16</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>0.5</b>	<b>0</b>	<b>Soy</b>
<b>French Fries</b>	<b>1 each (170g)</b>	<b>340</b>	<b>20</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>650</b>	<b>40</b>	<b>4</b>	<b>2</b>	<b>0</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>0.6</b>	<b>620</b>	<b>Soy</b>

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Item or flavor selection may vary by store.*