



| Item | Portion | Nutritional Information | | | | | | | | | | | | | | | Allergens |
|-------------------------------|---------------|-------------------------|---------------|-------------------|---------------|------------------|-------------|------------------------|-------------------|------------------|------------------|-------------|----------------|--------------|-----------|----------------|------------------------------|
| | | Total Calories | Total Fat (G) | Saturated Fat (G) | Trans Fat (G) | Cholesterol (MG) | Sodium (MG) | Total Carbohydrate (G) | Dietary Fiber (G) | Total Sugars (G) | Added Sugars (G) | Protein (G) | Vitamin D (UG) | Calcium (MG) | Iron (MG) | Potassium (MG) | |
| BREAKFAST | | | | | | | | | | | | | | | | | |
| Chicken Tender Biscuit | 1 each (144g) | 370 | 16 | 9 | 0 | 20 | 1110 | 4 | 1 | 4 | 1 | 14 | 0 | 80 | 2.7 | 0 | Wheat, Eggs, Milk, Soy |
| Sausage Biscuit | 1 each (144g) | 490 | 34 | 16 | 0 | 40 | 1270 | 36 | 1 | 4 | 2 | 11 | 0 | 80 | 2.6 | 95 | Wheat, Milk |
| Sausage Egg Cheese Biscuit | 1 each (206g) | 610 | 43 | 20 | 0 | 170 | 1770 | 38 | 1 | 5 | 2 | 18 | 0.1 | 190 | 3.6 | 135 | Wheat, Eggs, Milk, Soy |
| Smoked Sausage Biscuit | 1 each (144g) | 420 | 25 | 13 | 0 | 35 | 1340 | 38 | 1 | 4 | 1 | 12 | 0 | 90 | 2.9 | 110 | Wheat, Milk |
| Bacon Egg Cheese Burrito | 1 each (260g) | 520 | 27 | 12 | 1 | 50 | 1220 | 38 | 1 | 1 | 0 | 32 | 2.2 | 290 | 4 | 370 | Wheat, Milk, Eggs |
| Chicken Egg Cheese Burrito | 1 each (289g) | 560 | 25 | 10 | 1 | 60 | 1170 | 47 | 1 | 2 | 0 | 37 | 2.1 | 320 | 4.4 | 250 | Wheat, Eggs, Milk, Soy |
| Sausage Egg Cheese Burrito | 1 each (266g) | 560 | 35 | 13 | 0.5 | 50 | 1130 | 37 | 1 | 2 | 1 | 26 | 1.9 | 160 | 4.1 | 320 | Wheat, Milk, Eggs |
| Biscuits and Gravy | 1 each (402g) | 830 | 48 | 23 | 0 | 35 | 2570 | 85 | 2 | 6 | 2 | 17 | 0 | 100 | 4.8 | 310 | Wheat, Milk |
| Catfish | 2 each (300g) | 600 | 35 | 6 | 0 | 100 | 1880 | 36 | 0 | 0 | 0 | 36 | 0 | 0 | 1.4 | 0 | Wheat, Eggs, Milk, Fish, Soy |
| Cheese Grits | 1 each (113g) | 80 | 1 | 0 | 0 | 0 | 270 | 1 | 1 | 0 | 0 | 2 | 0 | 10 | 0.8 | 0.1 | Milk, Soy |
| Scrambled Eggs | 1 each (119g) | 90 | 4 | 0.5 | 0.5 | 0 | 260 | 2 | 0 | 0 | 0 | 12 | 2 | 0 | 1.8 | 190 | Eggs |
| Grits | 1 each (113g) | 80 | 1 | 0 | 0 | 0 | 260 | 1 | 1 | 0 | 0 | 2 | 0 | 0 | 0.8 | 0.1 | Soy |
| Egg Casserole (small) | 1 each (113g) | 240 | 20 | 6 | 0 | 200 | 590 | 3 | 0 | 1 | 0 | 12 | 1 | 60 | 1.3 | 140 | Eggs, Milk, Soy |
| Egg Casserole (large) | 1 each (226g) | 470 | 39 | 12 | 0 | 405 | 1180 | 5 | 0 | 2 | 0 | 24 | 2.1 | 120 | 2.7 | 280 | Eggs, Milk, Soy |
| 3 Chicken Tenders | 1 each (280g) | 510 | 21 | 3 | 0 | 110 | 1190 | 35 | 1 | 3 | 0 | 46 | 0 | 120 | 2.4 | 0 | Wheat, Eggs, Soy |
| 5 Chicken Tenders | 1 each (453g) | 850 | 36 | 5 | 0 | 185 | 1990 | 59 | 2 | 5 | 0 | 76 | 0 | 200 | 4 | 0 | Wheat, Eggs, Soy |
| 8 Chicken Tenders | 1 each (725g) | 1370 | 57 | 8 | 0 | 295 | 3190 | 95 | 4 | 8 | 0 | 122 | 0 | 320 | 6.4 | 0 | Wheat, Eggs, Soy |
| Chicken Tender Sandwich | 1 each (280g) | 580 | 27 | 4.5 | 0 | 75 | 1410 | 56 | 7 | 10 | 4 | 35 | 0 | 180 | 4 | 140 | Wheat, Eggs, Milk, Fish, Soy |
| Spicy Chicken Tender Sandwich | 1 each (311g) | 660 | 34 | 8 | 0 | 105 | 1680 | 51 | 6 | 9 | 3 | 43 | 0.1 | 320 | 3.6 | 125 | Wheat, Eggs, Milk, Fish, Soy |
| Biscuit | 1 each (87g) | 260 | 11 | 8 | 0 | 0 | 840 | 35 | 1 | 3 | 1 | 5 | 0 | 50 | 2.2 | 0 | Wheat, Milk |
| Bacon | 2 each (30g) | 80 | 7 | 2 | 0 | 15 | 330 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0.2 | 80 | |
| Sausage Patty | 1 each (39g) | 170 | 16 | 6 | 0 | 30 | 310 | 1 | 0 | 1 | 1 | 4 | 0 | 20 | 0.3 | 65 | |
| Smoked Sausage | 1 each (56g) | 160 | 14 | 4.5 | 0 | 35 | 510 | 3 | 0 | 1 | 0 | 7 | 0 | 40 | 0.7 | 110 | |
| Corned Beef Hash | 1 each (113g) | 250 | 17 | 7 | 0.5 | 35 | 680 | 16 | 1 | 1 | 1 | 8 | 0 | 10 | 1 | 260 | |
| Hash Brown | 2 each (130g) | 160 | 12 | 2.5 | 0 | 0 | 220 | 12 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | Soy |
| Sausage Gravy | 1 each (113g) | 160 | 13 | 3.5 | 0 | 20 | 460 | 7 | 0 | 0 | 0 | 4 | 0 | 0 | 0.2 | 160 | Wheat, Milk |

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| White Bread | 1 each (42g) | 100 | 1 | 0 | 0 | 0 | 200 | 19 | 4 | 2 | 2 | 5 | 0 | 290 | 2.1 | 55 | Wheat, Milk, Eggs |
|-------------|--------------|-----|---|---|---|---|-----|----|---|---|---|---|---|-----|-----|----|-------------------|